

Project name - center

for catalyzing change.

Mentoring EWR as Champions for Health and Nutrition in their Communities

With the support of Centre For Catalyzing Change , Lok Madhyam has made EWR champion at 200 gram panchayat of Mashaurhi and Paliganj blocks , Patna, through their training on their roles and responsibilities on health and Panchayat Raj , so that they can ensure better health services at their Panchayat/ Wards , so that MMR and IMR can be minimized . For effective communication skills and leadership , following activities has been conducted for EWR:

Activities	Effect
1. Visit of 200 EWR to PHC, APHC, Sub Centre and NRC	EWR get acquainted with types of health services, health service provider, health service available at PHC, APHC, Sub- Centre, provision of health services made by govt. EWR are informed on works of NRC and process of admission of malnourished children. Health facilities available at present and strategy of making the better health facilities
2. Anganwari Centre visit of 200 EWR	EWR get aware of services available for 0-6 years children, pregnant mothers, post partum mothers. EWR sensitized on why services at Anganwari Centres should be made

	<p>better.</p> <p>2.3EWR get opportunity of better functioning of centres.</p>
<p>3. Conduction of 05 Champion meeting by 200 EWR</p>	<p>*By means of meeting EWR get opportunity of sharing of experience of exposure visit.</p> <p>*Get a forum for making strategy for making better services.</p> <p>*Developed forum of champion members.</p> <p>* Developed communication and leadership skills of EWR.</p>
<p>4. Facilitate for ward meeting</p>	<p>*Through meeting EWR get closure with people of ward .</p> <p>*EWR get acquainted with ways of taking health service from providers at Ward/Panchayat and developed skills of developing proposal/strategy for making better health services and ensure of taking services from ANganwari Centre and Health Centres.</p> <p>* Developed leadership skills of EWR.</p> <p>* Developed skills of making health issues as an agenda of Gram Sabha.</p>
<p>5. To fill up check list to ensure all services by 200 EWR</p>	<ul style="list-style-type: none"> • Through checklist EWR get informed of present status of health services at PHC, APHC, Sub Centre , Annprashan day, Godbharai day. • Developed skills of EWR on making corrective action through putting agenda at Ward meeting and complain resolution

	centre.
6.Training on registering complain at 104/complain resolution centre	<ul style="list-style-type: none"> *Pressure build for opening of closed subcentres. *Ensured Ambulance services till villages. *Behaviour change of service providers. *Ensured presence of doctors and ANMs at Centres.
	<ul style="list-style-type: none"> *Developed self confidence of EWR after ensuring services. *Developed communication skills of EWR.
7.Communication of EWR with Govt.	*Developed identity of EWR among govt.

officials/policy makers	<p>officials /policy makers.</p> <p>*EWR get opportunity for putting demand paper for better service facilities.</p> <p>* EWR get opportunity of making communication among members for better implementation.</p> <p>* Get opportunity of sharing experience at larger group.</p> <p>* Developed a big forum of champions</p>
8. Filling form of HSHA	<p>* Get opportunity of sharing of identified health issues with policy makers. As a result MLA (Rekha Devi), Pramukh, PHC Incharge, CDPO, Media, Civil Society became sensitive on health issues and taken initiatives.</p>

Impact of all activities

1. All important days are being celebrated at 82 Anganwari Centres.
2. Ensured regular attendance of ANMs at 41 Sub-centres.
3. Ensured presence of doctors and ANMs at PHC.
4. There is favorable change in facilities at delivery room/family planning counselling room.
5. Improved ability in identification of malnourished children and 15 malnourished are sent to NRC by EWR and there is favorable change in sanitation and behavior of doctors.
6. AT 02 APHC there became regular attendance of doctors and ANMs and health facilities are ensured at 04 APHC by removing encroachment.
7. EWR get opportunity of submitting demand paper to MLA and further she submitted the demand paper to health minister, chief secretary and District Magistrate.

8. After calling to 104 by 115 EWR ambulance facilities reached up to village, changed condition of bribing by driver and changed behavior of health workers.
9. EWR get the opportunity to meet media persons and govt. officials and also get opportunity of making attention on health issues to health minister, welfare minister, district magistrate . As a result community started receiving better health services by PHC, NRC and improved status of delivery room, toilet cleanliness etc.
10. By means of 82 EWR there became opportunity of receiving health services among pregnant mothers/adolescent girls/post partum mothers /children

- and EWR started visit to AWC and PHC based on checklist , dialing 104 and follow up at complain resolution centre.
11. EWR ensured purchase of weigh machine, B.P machine , hemoglobin checking machine and parda using untaid fund at 46 centres.
 12. After successful implementation of ward meeting by EWR , there is expense from PHC ATM , whereas it was initially useless .
 13. Pregnant mothers are regularly practicing Iron tablet after regular sensitization by EWR, initially mothers were not using it due to myths.
 14. There established identity of EWR by their name and position. Initially they had recognition by the name of son and husbands.
 15. Improved monitoring skills using checklist.
 16. Improved knowledge base concerning health programs.
 17. Now EWR are moving at block and district level and resolving the challenges , initially they were limited up to ward .
 18. Now EWR are ensuring improvement at health centre / Anganwari Centre , initially they were limited up to ward level only.
 19. EWR conduct ward meeting by own and identify issues through check list . Further they prioritize the issues and make strategy for resolving.

Strategy of working in the next year

1. To regularize in celebration of important days as it is not regular in present time.
2. Ensuring participation of male members in celebration of days at AWC.
3. Improving the role of EWR in improving the quality of health services through training on use of mobile , internet surfing , 104, complain resolution centre .
4. Regular follow up at APHC and Sub Centre level for

ensuring quality health services.

5. To prepare EWR for making agenda of ward meeting as gram sabha agenda.
6. Capacity building of EWR on effective and impressive communication skills.
7. Identification to malnourished children and ensuring NRC services.
8. Involving print media/electronic media in capacity building.
9. Ensuring role of EWR in regular immunization.
10. To practice wall painting of complain resolution centre , so that women may be aware along with EWR.
11. Facilitating EWR for celebration of importance days at AWC.
12. Advocacy with policy makers.
13. Conduction of HSHA programs in regular basis.